

PATRIOTS RUNNING CLUB NEWS!!!

August, 2017

Running Zone Runs:

The fun is about to begin! Racing season is on and this year the Patriots Running Club will be participating in the School Team Challenge through the Running Zone. To qualify, our school must participate in at least four of the series races. I would love to see our students sign up for:

Tailgate 2 Miler – Sunday, August 20th @ 7:00 a.m.

Ghostly Gecko 5K – Saturday, October 28th @ 6:30 p.m.

Jingle Bell 2 Miler – Saturday, December 16th @ 5:45 p.m.

Pirate Plunder 2 Miler – Saturday, April 7th @ 6:30 p.m.

Run For the Gecko 5K – Saturday, May 12th @ 7:00 a.m.

A school team will be formed and more details will follow as we near the Registration time but put these dates on your calendar now! Parents will be responsible for signing children up through the Running Zone once the team is formed. Of course, we will also do the Space Coast Countdown to Fitness but that is separate from the above School Team Challenge.

Morning Run Club:

We will also be administering our Morning Run Club throughout the year:

Kindergarten – 2nd grade: Tuesday and Thursday 7:35 a.m. – 7:55 a.m.

3rd grade – 8th grade: Monday, Wednesday, and Friday 7:35 a.m. – 7:55 a.m.

Registration sheets are available on the school website or in the front office. All students need to turn in a registration sheet prior to their first day attending Running Club. There is no fee for Morning Run Club and students can attend as much or as little as they want throughout the year. Runners will earn shoe tokens for each 5 miles they achieve.

Track Club:

We will also be administering a Track Club this year. This Club is for 5th through 8th grade students. Practice will take place on Tuesday and Friday afternoons from 3:15-4:15. This will be a fee based club for the more serious runners. Students will be guided on how to improve their endurance and speed and will practice while performing off-site runs starting at school. These runs will be supervised by an adult. Registration sheets are available on the school website or in the front office.